

Supervision Contract

This contract serves as verification and as a description of counseling supervision provided by Kimberly Christian, LMHC to _____.

Purpose, Goals, and Objectives:

- 1) Monitor and ensure welfare of clients seen by Supervisee
- 2) Promote development of Supervisee's professional counselor identity and competence
- 3) Fulfill requirements in preparation for Supervisee's pursuit of licensure

Context of Services:

- 1) One hour of individual supervision weekly for \$100
- 2) OR one hour of joint supervision weekly for \$60
- 3) OR one hour of group supervision weekly for \$40
- 4) Regular review of clinical documentation and counseling video tapes/audio tapes

Method of Evaluation:

- 1) Feedback will be provided by the Supervisor during each session
- 2) Specific feedback provided by the Supervisor will focus on the Supervisee's demonstrated counseling skills and clinical documentation
- 3) Review of clinical notes and treatment plans
- 4) Review of video or audio counseling sessions by supervisor

Duties and Responsibilities of Supervisor and Supervisee:

Supervisor:

- 1) Examine client's presenting issues and treatment plans
- 2) View video tapes of Supervisee's counseling sessions, when applicable
- 3) Sign off on client documentation when necessary
- 4) Challenge Supervisee to justify approach and technique used
- 5) Monitor Supervisee's basic attending skills
- 6) Present and model appropriate directives
- 7) Intervene when discovers that client welfare may be at risk
- 8) Ensure ACA *Code of Ethics* are upheld

Supervisee:

- 1) Uphold your professional *Code of Ethics*.
- 2) Be prepared when asked, to obtain and preview counseling session videotapes for review
Make videotapes of client counseling sessions periodically so that we can review your work together.
- 3) Be prepared to discuss all client cases, and have client files, and working treatment plan available for review
- 4) Justify client case conceptualization made and approach and techniques used
Discuss your working client case conceptualization and the progress of your approach and techniques in a collaborative spirit, constantly seeking to improve and enhance your effectiveness with each client and family.
- 5) Implement supervisory directives in subsequent sessions
- 6) Consult with Supervisor in cases of emergency
- 7) Inform Supervisor of any of the following occurrences ***immediately:***
 - 1) Client makes threats to harm self or others
 - 2) Child or elderly abuse of any kind
 - 3) Incidents of clients or supervisee sexual misconduct. Supervisee understands that sex and sexual behavior is ***never*** a part of therapy.
 - 4) Knowledge of any suicidal thoughts or intent of client

- 5) Any possible confusion on, or breach of, appropriate boundaries
- 6) Any known violations of confidentiality and/or clients rights
- 7) Reports of abuse or neglect call DCF 1-800-ABUSE Hotline and supervisor.
Supervisor gets a copy of all abuse reports made.
- 8) Supervisee to be covered by malpractice insurance.

Procedural Considerations:

In event of an emergency Supervisor can be reached at **850-273-0199**.

Supervision Process and Approach:

My personal approach to supervision is one of providing an environment of growth for a therapist to honestly evaluate their work performance, counseling skills and personal issues they bring into their practice. Supervision will be a mixture of case review, collaborative problem solving, chart review and support. As your supervisor, I will serve as teacher, consultant, and evaluator. We will work on accountability to ethics and best practice principles through reflecting together on your work. This process may include considering your objectivity and professional boundaries with clients, detailed focus on your personal awareness, the importance of establishing and maintaining trust of clients, and journeying with clients towards therapeutic goals that make sense to the client. I hope to create a safe space in which you can look at your skills, become exposed to new ideas, and take the risk of trying those new ideas and methods to enable yourself to grow clinically. Supervision is also the time to address issues, such as counter transference, that affect your work and personal self. Even though Supervision is never intended to be a personal counseling session, bringing personal issues that affect your ability to effectively work with your clients is encouraged. My desire is for you to grow as a therapist and an individual through the supervision process.

Supervisor's Background and Credentials:

I've been working in the field of trauma since 2012. My work has taken me to Haiti, where I volunteered with an orphanage, helping staff and adoptive parents become more trauma-informed. I've worked with clients of all ages and backgrounds, including children and adults who are survivors of sexual abuse. I'm certified in Child Parent Psychotherapy (CPP) and Adoption Competency. I'm also certified in Eye Movement Desensitization and Reprocessing (EMDR), which is currently the primary treatment I utilize in my practice.

Terms of the Contract:

This contract is subject to revision at any time by the Supervisor, or the Supervisee with approval of the Supervisor.

We agree to the best of our ability, to uphold the directives specified in this supervision contract and to conduct our professional behavior according to the ethical principles of our professional associations.

Supervisor
Kimberly Christian, LMHC

Date

Supervisee

Date